



BACHELOR OF PHYSICAL EDUCATION
Major in: SCHOOL P.E.
Effective S.Y. 2013-2014

FIRST YEAR	FIRST SEMESTER	Lec Units	Lab Units	Units	Prerequisites
1ENG1	Study and Thinking Skills	3	0	3	NONE
2FIL1	Komunikasyon sa Akademikong Filipino	3	0	3	NONE
3MATH1	Fundamentals of Math	3	0	3	NONE
10NATSCI3	Biological Science	2	1	3	NONE
4SOCSCI2	General Psychology including Sars, HIV, STD, Drug Prevention, Aids, Population Education	3	0	3	NONE
9HUM5	Introduction to Humanities and Arts	3	0	3	NONE
ICT1	Introduction to Computer	2	1	3	NONE
4SOCSCI1	Philippine History and Culture	3	0	3	NONE
5PE1	Physical Fitness	2	0	2	NONE
11SPE1	Foundation of Physical Ed., Sports & Wellness	3	0	3	NONE
NSTP 1	CWTS1 (Environmental Education & Awareness Program)	[3]	0	[3]	NONE
	TOTAL	27	2	29	
FIRST YEAR	SECOND SEMESTER	Lec Units	Lab Units	Units	Prerequisites
1ENG2	Speech and Oral Communication	3	0	3	1ENG1
2FIL2	Pagbasa at Pagsulat Tungo sa Pananaliksik	3	0	3	2FIL1
3MATH2	Contemporary Mathematics	3	0	3	3MATH1
10NATSCI4	Physical Science	2	1	3	NONE
4SOCSCI7	Society and Culture (w Family Planning, Peace Education and Anti-Smoking)	3	0	3	NONE
9HUM4	Social Philosophy	3	0	3	NONE
ICT2	Computer Application	2	1	3	ICT1
11SPE2	Human Anatomy & Physiology	2	1	3	10NATSCI3
5PE2	Rhythmic Activities	2	0	2	5PE1
DRAW1	Fundamentals of Drawing	1.5	1.5	3	NONE
NSTP 2	CWTS2 (Environmental Education & Awareness Program)	[3]	0	[3]	NSTP1
	TOTAL	24.5	4.5	29	
SECOND YEAR	FIRST SEMESTER	Lec Units	Lab Units	Units	Prerequisites
1ENG4	Business Correspondence	3	0	3	NONE
2FIL3	Masining na Pagpapahayag	3	0	3	NONE
9HUM1	Philippine Literature (w/ Kapampangan Lit)	3	0	3	NONE
13TCC2	Facilitating Learning	3	0	3	NONE
13MSC1A	Principles of Teaching 1	3	0	3	NONE
13TCC3	Social Dimension of Education	3	0	3	NONE
11FS1	Field Study 1	1	0	1	NONE
4SOCSCI8	Politics and Governance w/ Philippine Literature	3	0	3	NONE
13TCC1	Child and Adolescent Development	3	0	3	NONE
11SPE3	Intro to Biomechanics & Movement Education	3	0	3	11SPE2
5PE3	Individual / Dual Sports / Games	2	0	2	NONE
	TOTAL	30	0	30	
SECOND YEAR	SECOND SEMESTER	Lec Units	Lab Units	Units	Prerequisites
4SOCSCI4	Basic Economics (w/ Taxation and Land Reform)	3	0	3	NONE
11SPE5	Individual Dual Sports & Phil. Games	3	0	3	NONE



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4SOCSCI5	Rizal's Life, Works and Writings	3	0	3	NONE
10NATSCI2-A	Environmental Science	2	1	3	NONE
13MSC5	Developmental Reading 1	3	0	3	NONE
13MSC1B	Principles of Teaching 2	3	0	3	13MSC1A
13MSC3A	Educational Technology 1	3	0	3	NONE
11FS2	Field Study 2	1	0	1	11FS1
11SPE4	Philippine Folkdance	3	0	3	NONE
11SPE6	Gymnastics & Combative Sports	3	0	3	NONE
5PE4	Team Sports	2	0	2	NONE
	TOTAL	29	1	30	



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THIRD YEAR	FIRST SEMESTER	Lec Units	Lab Units	Units	Prerequisites
13MSC3B	Educational Technology 2	3	0	3	13MSC3A
13MSC4	Curriculum Development	3	0	3	NONE
13MSC2A	Assessment on Student Learning 1	3	0	3	NONE
11FS3	Field Study 3	1	0	1	NONE
11FS4	Field Study 4	1	0	1	NONE
11SPE7	Team Sports	6	0	6	11SPE7.1 (Basic Team Sports)
11SPE9	International Folk Dance	3	0	3	NONE
13MSC7A	Special Research Project 1	1	0	1	NONE
SPE108	Organization & Mgmt. Of PE, Sports & Wellness	6	0	6	Done w/ all Sports Courses
	TOTAL	27	0	27	
THIRD YEAR		Lec Units	Lab Units	Units	Prerequisites
13MSC2B	Assessment of Student Learning 2	3	0	3	13MSC2A
13MSC7B	Special Research Project 2	2	0	2	13MSC7A
13TCC4	The Teaching Profession	3	0	3	NONE
11FS5	Field Study5	1	0	1	NONE
11FS6	Field Study 6	1	0	1	NONE
11SPE11	Methods & Techniques in Teaching PE, Sports and Wellness	6	0	6	Done w/ at Least (8) Courses
11SPE15	Consumer Health, Drug & Safety Education	3	0	3	NONE
11SPE16	Aquatics	3	0	3	NONE
11SPE18	Emergency Preparedness & Response Mgmt.	3	0	3	Red Cross Training
11SPE10	Research 1 in PE,Sports & Wellness	3	0	3	
	TOTAL	28		28	
FOURTH YEAR	FIRST SEMESTER	Lec Units	Lab Units	Units	Prerequisites
13MSC6	Career Guidance and Counseling	3	0	3	NONE
11SPE14	Measurement & Evaluation in PE,Sports & Wellness	3	0	3	NONE
11SPE12	Comprehensive School Health Education	3	0	3	NONE
11SPE13	Research 2 in PE,Sports & Wellness	3	0	3	11SPE10
11SPE17	Special in PE,Sports & Wellness	3	0	3	NONE
	TOTAL	15	0	15	
FOURTH YEAR	SECOND SEMESTER	Lec Units	Lab Units	Units	Prerequisites
13PTC1	Practice Teaching /Off Campus	0	6	6	Completed 188 units
	TOTAL	0	6	6	